



**VIERRA**  
COMMUNITIES

*Woodside Rehab & Nursing is a proud member of Vierra Communities, a third-generation, family-owned skilled nursing owner and operator with a legacy of excellence.*

Known for producing exceptional rehabilitation outcomes, our 92-bed community offers personalized rehabilitation and skilled nursing services designed to help patients recover safely, regain strength, and achieve their highest level of independence.

**To better serve the Silver Spring community, our center will undergo a multi-million dollar renovation designed to elevate comfort, recovery, and quality of life.**



**WOODSIDE**

Rehab & Nursing

A VIERRA COMMUNITY

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**WOODSIDE**

Rehab & Nursing

A VIERRA COMMUNITY

**Clinical Excellence &  
Timeless Charm for a  
PREMIER REHAB  
EXPERIENCE**



*Our central location, only minutes from Holy Cross Hospital, is easily accessible from many major area hospitals throughout the DMV region.*



## Innovative Rehabilitation

Benefit from advanced therapies offered 7 days a week and customized care plans, all designed to foster recovery and enhance quality of life. Our approach is rooted in the belief that every resident deserves a premier rehab experience, characterized by personalized attention from our in-house therapy team and supported by the latest in healthcare technology.

## Commitment to Excellence

Every amenity, from our 'Walk to Dine' luxury dining program to our dedicated customer service manager, is infused with the Vierra commitment to quality, comfort, and client satisfaction.

## Agency-Free Staff

**We take pride in our in-house team of caregivers which translates into consistency of care every step of the way.**

With familiar faces at your side daily, our compassionate and well-trained nurses, aides and therapists provide a sense of security together with the highest level of personalized and attentive care.



CLEAR CARE. STRONGER OUTCOMES.

Whether you are recovering from orthopedic surgery, a cardiac event or stroke, **our signature VIVID Recovery™ program** aims to get you back home **STRONGER, SOONER!**

Our extensive continuum of care includes:

- Subacute Rehab
- Long-Term Care
- Orthopedic Rehab
- Cardiac Care
- Pulmonary Care
- Physical Medicine
- Pain Management
- Diabetes Management
- Infection Prevention
- Memory Care
- Hospice Care
- Chronic Condition Management

*All aspects of your recovery are expertly managed by our trusted Hospitalist physician team.*



## Recovery Path: GETTING YOU HOME

### ASSESSMENT

The first step is a comprehensive evaluation of your medical needs to determine the appropriate plan of care, and ultimately discharge goals and expectation.



### GETTING STARTED

Meet the team and begin a therapy regimen tailored to your specific needs. This includes managing pain and other symptoms, as our ultimate goal is to help you regain your strength, mobility and independence.



### YOUR STAY

During your time with us we continuously monitor your progress and assess your treatment plan. Together, we can make any necessary adjustments to provide continuous access to top-notch medical care.



### DISCHARGE

With your input, our interdisciplinary team will curate a discharge plan to ensure a smooth transition back home. This includes home health set up, ordering of durable medical equipment, and additional resources for post rehab care.

