



The journey
through chronic illness can be
complex and overwhelming.

*It's in moments like these that patients and families need
support the most. We have partnered with Ennoble Care
to provide on-site chronic condition management.*



*Together we offer compassionate, expert chronic condition
management services that are personalized to suit our
patients' needs and goals, maximizing their health,
autonomy, and peace of mind.*

Our convenient Northern Virginia location
is easily accessible from many major area
hospitals throughout the
DMV region.



ADMIRAL

Health & Rehab

A VIERRA COMMUNITY

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**CHRONIC CONDITION
MANAGEMENT**



What is Chronic Condition Management?

It is specialized care for patients living with serious illnesses. It is patient-centered and focused on providing relief from the physical and emotional symptoms often associated with disease progression.

Chronic condition management can be delivered in conjunction with curative care and treatment plans are created to match the goals of care expressed by the patient and family, regardless of the stage of disease.

Using a multi-disciplinary approach, our specially trained team aims to improve quality of life for the patient, caregiver, and family.

Chronic condition management can minimize the impact of chronic illnesses such as:

- Lung Disease
- Heart Disease
- Cancer
- Chronic Kidney Disease
- Diabetes
- Dementia
- Vascular Disease

What makes Admiral Health & Rehab & Ennoble Care Different?

Admiral and Ennoble Care provide an extra layer of education and support to patients and their families who are struggling to manage their chronic illness. We begin by learning about you and what is important to you right now and as your illness progresses. In this way, together, we can develop a personalized plan of care focused on your individualized goals.



Symptoms that may benefit from chronic condition management:

- Pain
- Shortness of Breath
- Constipation
- Diarrhea
- Nausea
- Loss of Appetite
- Fatigue
- Difficulty Sleeping
- Anxiety and/or Depression
- Increased Confusion

Program benefits include:

- Goals of Care Conversations
- Transition of Care
- Disease Specific Education
- Emotional Spiritual Support
- Reduced Rehospitalization
- Improved Quality of Life & Mental Health

