



Centrally located in the heart of Northern VA / D.C. metro area, Vierra Falls Church is easily accessible from many major area hospitals.



**VIERRA
FALLS CHURCH**
Health & Rehab

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**VIERRA
FALLS CHURCH**
Health & Rehab

**CHRONIC CONDITION
MANAGEMENT**

The journey
through chronic illness can be
complex and overwhelming.

It's in moments like these that patients and families need support the most. We have partnered with Ennoble Care to provide on-site chronic condition management.



Together we offer compassionate, expert chronic condition management services that are personalized to suit our patients' needs and goals, maximizing their health, autonomy, and peace of mind.



What is Chronic Condition Management?

It is specialized care for patients living with serious illnesses. It is patient-centered and focused on providing relief from the physical and emotional symptoms often associated with disease progression.

Chronic condition management can be delivered in conjunction with curative care and treatment plans are created to match the goals of care expressed by the patient and family, regardless of the stage of disease.

Using a multi-disciplinary approach, our specially trained team aims to improve quality of life for the patient, caregiver, and family.

Chronic condition management can minimize the impact of chronic illnesses such as:

- Lung Disease
- Heart Disease
- Cancer
- Chronic Kidney Disease
- Diabetes
- Dementia
- Vascular Disease

What makes Vierra Falls Church & Ennoble Care Different?

Vierra Falls Church and Ennoble Care provide an extra layer of education and support to patients and their families who are struggling to manage their chronic illness. We begin by learning about you and what is important to you right now and as your illness progresses. In this way, together, we can develop a personalized plan of care focused on your individualized goals.



Symptoms that may benefit from chronic condition management:

- Pain
- Shortness of Breath
- Constipation
- Diarrhea
- Nausea
- Loss of Appetite
- Fatigue
- Difficulty Sleeping
- Anxiety and/or Depression
- Increased Confusion

Program benefits include:

- Goals of Care Conversations
- Transition of Care
- Disease Specific Education
- Emotional Spiritual Support
- Reduced Rehospitalization
- Improved Quality of Life & Mental Health

